# ISHOULD



## BE SO LUCKY

Game adapted from CAFOD

This game helps young people explore how the unequal distribution of wealth affects people's experiences and aspirations. It will raise questions about fairness and justice. Encourage the young people to express how they feel and share what they learned.

The scenarios on the cards are inspired by real-life injustice and privileges that people around the world experience every day. To read more about the injustice people are facing in the world and what Caritas Aotearoa New Zealand is doing to alleviate poverty and injustice in the countries where we work, have a look at our website <a href="https://www.caritas.org.nz">www.caritas.org.nz</a>

Choose a food item to use in the centre of the room to experience unequal distribution. Whatever items you choose make sure it is produced in a fair trade environment. You may like to ask participants to bring a donation to cover the costs of the food item. To explore injustice further, you could even charge some participants more than others to participate in the game.

#### Possible food items (could be incorporated into your Caritas Challenge meal):

A big bowl of rice with a serving spoon (give participants a cup they can fill up)

Fairtrade chocolate broken up into pieces

Fairtrade Iollies

A big bowl of hot chocolate with a ladle (give participants a cup they can fill up)

Pieces of fruit (apple or oranges work well)

Corn chips



### **INSTRUCTIONS**

Sit in a circle with a bowl filled with your food item of choice. Place the cards face down in the middle of the group. Invite the group to go around the circle and one by one pick up a card and read it out loud in front of the rest of the group. Carry out the action that the card describes.

Repeat this process until everyone has had a turn and all the food has gone.

Debrief: it is important to debrief with the group so that the impact of the game is realised and discussed.

#### **DISCUSSION POINTS**

What did your card say?

Did you get much to eat playing this game in comparison to other players?

How did you feel about that when you compared to what other people were getting?

How was it decided who got what of the share of the food?

How many servings of food do you think there were to begin with?

What did it feel like to get more/less than other people in the group?

Is there a way that the food could have been shared out fairly?

In your opinion, how does the game link to real life?

What countries do you think these stories came from? Why do you think this?

What makes some people richer and some people poorer than others? Is there anything we can do about this?

Finish with reading the biblical passage from James 2:14-17 and reflect on the message we are given from these words.

### **JAMES 2:14-17 FAITH AND DEEDS**



Share this biblical reading from James with your group after you have played the 'I Should Be So Lucky' game.

What good is it, my brothers and sisters, if someone claims to have faith but has no deeds? Can such faith save them?

Suppose a brother or a sister is without clothes and daily food. If one of you says to them, "Go in peace; keep warm and well fed," but does nothing about their physical needs, what good is it?

In the same way, faith by itself, if it is not accompanied by action, is dead.

